



FOR IMMEDIATE RELEASE

Exciting Groundbreaking Event Marks Major Expansion and Renovation at Stowe Family YMCA

Mount Holly, NC– On Thursday, September 5th the Stowe Family YMCA hosted an exciting groundbreaking event, marking the beginning of a transformative expansion and renovation project. The event was attended by more than 300 community members, supporters, and local leaders, highlighting the strong support for the YMCA's commitment to serving the community by enhancing its offerings and expanding its reach.

The expansion will add over 15,000 square feet of new space to the facility. "A striking new entrance will serve as a beacon of belonging, welcoming everyone who steps through our doors," said Mary Moffitt, Executive Director. With a strong emphasis on safety, the design features an expanded lobby and a warm, inviting living room space to foster social interaction among members and visitors.

The Y's commitment to youth and family is reflected in the addition of a dedicated family wing and multi-purpose gymnasium. The new family wing will include state-of-the-art youth play areas and classroom spaces. These areas will provide children with a safe, active, and fun environment to play, make new friends, discover new interests, and develop essential social skills. The new multi-purpose gymnasium is perfect for active play, including basketball and pickleball for all ages.

Outside, the excitement continues with the introduction of a brand-new water park, featuring a 6-lane, 25-yard pool, splash zone, and thrilling water slides, promising endless family fun. The outdoor area will also feature a multi-sport court, a game-changing addition that includes three pickleball courts. This court space can also be used for basketball, soccer, group exercise classes and so much more, enhancing the facilities' recreational offerings.

The event also celebrated the upcoming renovation of 37,000 square feet of the existing facility to further enhance the members' experience. A new chapel will be introduced to promote mental health resources and encourage members to nourish their spiritual and emotional well-being. Additional improvements include expanded fitness space, updated locker rooms, a steam room, and a new infrared sauna, all designed to provide a more comfortable and rejuvenating experience for members. Moreover, the facility will be linked to the Carolina Thread Trail, connecting the YMCA to a broader network of outdoor activities.

The Stowe Family YMCA has been a cornerstone of the community for 24 years, offering a wide range of programs that promote youth development, healthy living, and social responsibility. The expansion is a part of the Y's long-term strategic plan to ensure that it remains a leader in community health and wellness. Stowe Family Y currently serves over 7,000 members and anticipates welcoming over 10,000 members once the exciting expansion and renovation are complete.

About the YMCA:

The YMCA is a leading nonprofit organization dedicated to strengthening communities through youth development, healthy living, and social responsibility. Across the United States, the YMCA brings people together, providing them with the resources they need to live healthier, fuller lives.

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