



TEEN CALENDAR

NOVEMBER 2023

Check out our monthly calendar for our fantastic lineup of teen activities!
Get ready for fun, fitness, and friendships – all right here at the Y.
Let's make this month unforgettable together!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	3:30–4:00pm Zumba Every Monday	4:00–5:00pm Pick up Games Clubs Every Tuesday	3:30–4:00pm Yoga Every Wednesday	4:00–5:00pm Pick up Games Clubs Every Thursday		
		4:30–5:30pm Pick up Games Every Tuesday		4:30–5:30pm Clubs Every Thursday		
	5:30–6:30pm Pick up Games Every Monday	5:30–6:00 Teen Fitness Every Tuesday	4:30–5:30pm Clubs Every Wednesday			
	6:30–7:30pm Leaders' Club Every Monday		5:30–7:00pm Achievers Nov. 15th	5:30–6:00 Teen Fitness Every Thursday		
						7:00–10:00 Teen Night 6th–12th grade Nov. 18th Details Below

STOWE YMCA
Taylor Gibson
Tgibson@gastonymca.org

<u>Clubs</u>	<u>Pick up Games</u>
Art Club	6th: Basketball
	13th: Kickball
	20th: Soccer
	27th: Dodgeball

WARLICK YMCA
Dominick Ibrahim
Dibrahim@gastonymca.org

2nd : Ultimate Frisbee
7th: Kickball
9th: Dodgeball
14th Painting Club
16th: Flag Football
21st: Soccer
28th: Chess Club
30th : Ultimate Frisbee

PHARR YMCA
Taylor Gibson
Tgibson@gastonymca.org

<u>Clubs</u>	<u>Pick up Games</u>
Chess Club	7th: Wiffle ball
	14th: Soccer
	21st: Flag Football
	28th: Dodgeball

TEEN LEADERS CLUB

Leaders Club is a year-long leadership-development program for middle and high school teens. This program provides teens with extensive leadership training and volunteer opportunities that support YMCA programs and services to the community.

Y ACHIEVERS

Y Achievers, a national YMCA program, serves students from varying academic levels in pursuit of high educational and career goals. Y Achievers helps teens improve academic performance, develop a positive sense of self, build character, explore diverse college and career options plus interact with professionals who serve as role models.

REGISTER ONLINE TODAY AT [GASTONYMCA.ORG](https://gastonymca.org)